

# **MENTAL HEALTH PROFESSIONALS & SERVICES**

Information provided to you by:

**Mille Lacs County Community and Veterans Services**  
525 Second St. SE  
Milaca, MN 56353  
320-983-8208 or 888-270-8208

\*Check with your insurance company to ensure providers are covered by your network.

Updated 12-16-16

**Accurate Home Care**

**Otsego, Waite Park, Virginia 866-214-3800  
Princeton, Sartell, Coon Rapids (offer mental health day treatment)**

Mental Health Behavior Aide (MHBA), Skills Training - Individual and/or Family, Therapy - Individual and/or Family, Crisis Assistance, Diagnostic Assessments, Day Treatment (children ages 5-17), Adult In-Home Therapy, Adult Group Therapy

**Brunetti Consultants**

**Rogers 763-428-4060**

Neuropsychological Assessments, Psychological Assessments, Individual Therapy, ADHD testing, NO autism testing

**Catholic Charities (Caritas)**

**St. Cloud 320-650-1660**

Medication Management, Outpatient Counseling (individual, marital, family) Diagnostic Assessment, Psychological Evaluation, Parenting Assessments, Co-Parenting Classes, In-Home Skills Training & Counseling, Women's Anger/Self-Esteem Counseling, Group/ Domestic Abuse Counseling, Emergency Services, Senior Health and Wellness

\*Medicare Certified Providers

**Cedarbrook Counseling**

**Baxter 218-822-3736**

ADHD & Focus, Alzheimer's, Counseling & Classes, Parenting, Marriage & Family, Spirituality

\*No Medicare Certified Providers

**Central MN Counseling Center**

**St. Cloud 320-253-4321**

Outpatient Counseling, Neuropsychological Testing /ADHD Testing

\*Medicare Certified Providers

**Central MN Mental Health Center**

**St. Cloud 320-252-5010  
Elk River 763-441-3770  
Buffalo 763-682-4400  
Monticello 763-295-4001**

Outpatient Counseling (Individual, Family, Marriage, Group), Psychological Testing, Chemical Dependency Treatment, Adult ARMS Services, Targeted Case Management, Adult Day Treatment, Monticello & St. Cloud ONLY- Child Psychiatry, St. Cloud ONLY- DBT group

\*Medicare Certified Providers

**Center for Psychological Services**

**St. Cloud 320-255-0343**

Outpatient Counseling (Child ages 5 & up, Teen, Adult, Group, Couple, Family), DBT Therapy  
Diagnostic Assessment, Chemical Dependency Evaluations, Play Therapy, CBT

\*Medicare Certified Providers

**Clara's House**

**St. Cloud 320-229-4950**

Adolescent Chemical Dependency Program (Recovery Plus), Early Adolescent Partial Hospitalization Program, Adolescent Partial Hospitalization Program, Child Partial Hospitalization Program

**CORE Professional Services PA**

**Brainerd 218-829-7140  
St. Cloud 320-202-1400**

Diagnostic Assessment, Psychological Evaluation  
Outpatient Counseling (Individual, teen, child, couple, family), Adult Anger Management, Psycho-Sexual Evaluation, Anger group in Brainerd ONLY

\* Medicare Certified Providers in St. Cloud

**Developmental Diagnostics**

**St Joseph 320-363-8055**

Outpatient Counseling (17 and under), ADHD Testing, AB Therapy, Diagnostic Assessment, Neuropsychological Testing

\*Medicare Certified Providers

**Eclectic Dragon Fly Therapy**

**Princeton 763-482-1185**

Individual Therapy, Psycho Therapy, Marriage and Family Therapy, Play Therapy

**Greater Minnesota Family Services**

**Willmar 320-214-9692**

Early Childhood Services, Family Based Services (individual, family, and group), Diagnostic Assessments, School Based Services (Day treatment/CTSS), Community Based Services, Shelter Care, Connections Program

\*\*This organization serves Mille Lacs County as well as 33 other counties

**Family Prospective Resources, Inc.**

**Big Lake 763-367-6080**

Outpatient Counseling (Family, Couple, Individual), Diagnostic Assessment, In-Home Family Counseling & Skills Training

\* No Medicare Certified Providers

**Fairview Counseling Center**

**Elk River 763-241-5870  
Milaca/Princeton 763-983-7474**

Adult & Teen Chemical Dependency, Outpatient Counseling, (Individuals, Couples, Group, Child, Teen), Diagnostic Assessment, Gambling Counseling, Behavior Health Home

\*Medicare Certified Provider in Princeton

**Family Based Therapy Associates**

**Cambridge 763-689-9407  
Coon Rapids 763-780-1520  
Chisago City 651-257-2733**

Outpatient Counseling, Diagnostic Assessment, Coon Rapids ONLY- Psychological Evaluations

\* Medicare Certified Providers

**Family Strengths Counseling**

**Cambridge 651-214-2575**

Play Therapy, Individual Therapy, Couples Therapy, Family Therapy, Outpatient Therapy  
Do NOT accept Health Partners

\*NO Medicare certified Providers

**Health Partners Behavioral Health**

**Sartell 320-253-6952**

Mental health assessments, Psychological Testing, Psychiatry Services, Sleep Testing, Biofeedback, Depression, Anxiety Therapy

\*Medicare Certified Providers

**Insight Network**

**Brainerd 218-839-3095**

Outpatient Counseling, In-Home Psychotherapy, children and adult

\* Medicare Certified Providers

**Lakeland Psychiatric Clinic**

**Brainerd 218-828-7394**

Psychiatry, Medication Management, ECT

\*Medicare Certified Providers

**Lighthouse Child and Family Services, LLC**

**Milaca 320-983-2335**

Outpatient Counseling  
Parent Child Interaction Therapy, DC 0-3 R Assessment, individual therapy, family therapy, child-parent psychotherapy (trauma focused), In-Home therapy, Adult Rehabilitative Mental Health Services (ARMHS), Adult DBT therapy

\*Medicare Certified Providers

**Lutheran Social Services**

**Brainerd 218-828-7379  
St. Cloud 320-251-7700**

Diagnostic Assessment, Outpatient Counseling (Individual, Family, Child, Teen, Art)

\*Medicare Certified Providers in St. Cloud

**Mary J. Linn, Licensed Psychologist**

**St. Cloud 320-200-8334**

Works Primarily with Children: In-home therapy 0-5, Outpatient therapy, experience with Native Americans

**Mille Lacs Health Systems**

**Onamia 320-532-7969**

Diagnostic Assessments, Medication Management, Psychiatric care for adults and children, In Patient Geriatric Psychiatric - see Senior Care Unit, Individual counseling, Marriage counseling, Family counseling, Tele-psychiatry care

\*Medicare Certified Providers

**Mille Lacs Band Behavior Health**

**Onamia 320-532-7776**

Outpatient Counseling, Diagnostic Assessment, Psychological Testing, Chemical Dependency Counseling, Anger Management Groups, Batterers Intervention Group

\*Medicare Certified Providers

**Minneapolis Clinic of Neurology**

**Coon Rapids 763-427-8320**

Neuro Diagnostic Testing, Adult and Child Neurology

**Northern Pines Mental Health Ctr.**

**Brainerd 218-829-3235**Adult

Community Based Services, Diagnostic Assessments, Assertive Community Treatment Services, Drop-In Centers, Birth-to-Age 5 Services, Safe Harbor, Certified Peer Specialist Services, Mobile Crisis Outreach And Crisis Stabilization, Chemical Health Services, Outpatient Psychotherapy, Children & Families Division, Psychiatry (Adult & Child), Youth ACT

\*Medicare Certified Providers

**North Homes, Inc.**

**Grand Rapids 218-327-3000**

In-home Services, Chemical Dependency Assessment & Outpatient Treatment, Mental Health Assessment, Counseling, CTSS, Residential Treatment, Boys Program, Teens in Transition, Girls Program and Girls Teens in Transition, Intensive Residential Treatment

\*Medicare Certified Providers

**Nystrom and Associates**

**Otsego 763-746-9492**

**Baxter 218-829-9307**

**New Brighton 651-628-9566**

Medication Management, DBT Therapy, In-Home Family Counseling,, Outpatient Counseling (Individual, Group, Play, Child, Teen, Marriage, Family), Parenting Assessments, Psychological Evaluation, Neuropsychological Screenings, Adult Rehabilitative Mental Health Services (ARMHS), Adult Co-Occurring Chemical Dependency Treatment, Medicated Assisted Treatment (MAT), Sex Addiction Counseling, LEAP, MRT, Nutrition Group

\* No Medicare Certified Providers

**Pinecone Family Counseling**

**Sartell 320-253-2385**

Outpatient therapy (3 yrs – adult), ADHD evaluations, play therapy, Individual Therapy, NEBA Testing for ADHD

\*Medicare Certified Providers

**Psychotherapeutic Resources**

**St. Cloud 320-253-3715**

Outpatient therapy, Cognitive Behavioral Therapy, Couples Therapy, ADHD Therapy, Family Therapy, Individual therapy, Child Therapy Birth-5yrs.

\*Medicare Certified Providers

**PrairieCare**

**Maple Grove 763-383-5800**

Inpatient Hospitalization Program, Needs Assessments Brooklyn Park ONLY  
Partial Hospitalization Program, Intensive Outpatient Program, Behavior Development Program, Healthy Emotion Program- Maple Grove ONLY

**Riverwood Health Care Clinic**

**Aitkin 218-927-2157**

Outpatient Counseling, Medication Management

\*Medicare Certified Providers

**Joining Hands**

**Elk River 763-274-0510**

Play Therapy, Sand Tray Therapy, Animal-assisted Therapy, Traditional Talk Therapy, Filial Play Therapy, Somatic Experiencing, Directive Play Therapy, Social Skills Groups, Emotional Regulation Groups, Infant Mental Health, Mediation, Reunification Therapy, Co-parenting/Parent Coaching/Parenting Skills, Empowerment Groups

**The Village**

**St. Cloud 320-258-4633**

In-Home Family Counseling & Skills, In-office Counseling, Anger management assessments, domestic abuse assessments, Groups for domestic abuse and anger management

\*Medicare Certified Providers

**Therapeutic Service Agency (TSA)**

**Serving Eastern Mille Lacs County**

In-Home Family Counseling

**Pine City 320-629-7600**

Diagnostic Assessments, Parenting Assessments, Outpatient Counseling, Individual, Family, Group/ Visitation Services, Day Treatment, School based Services, Psychological Evaluations, NO autism evaluations, Psychiatric Medication Management

\*Medicare Certified Providers

**True Balance**

**St. Joseph 320-632-5524**

Family and Couple Counseling, Equine Assisted Therapy, Individual Therapy, Couples Retreats, Psychological Evaluations, Supervision and Consultation

**St. Cloud Hospital**

**St. Cloud 320-229-4908**

**Child and Adolescent Specialty Center**

Outpatient Counseling (Individual, Family, Group, Play), Diagnostic Assessment, Psychological Evaluation, Medication Management, Inpatient behavioral health services, Partial hospitalization

\*Medicare Certified Provider

**St. Cloud Neurobehavioral Associates**

**St Cloud 320-258-3832**

Neuropsychological Evaluations (adult), ADHD Evaluations, Outpatient Services

\*Medicare Certified Provider

**Minnesota Health Care:**

- UCare 1-800-203-7225**
- Medica 1-800-373-8335**
- Minnesota Health Care Program 1-800-657-3739**
- Minnesota Senior Health Options 1-800-711-9862**  
(Over the age of 65)

**Crisis Lines:**

- Canvas Health 1-800-523-3333**
- Suicide Prevention Lifeline 1-800-273-8255**
- Txt4Life Text "Life" to 61222**
- Veteran's Crisis Line 1-800-273-8255 (Press 1)**

**Mille Lacs County Community and Veterans Services Mental Health Unit**

Mental Health Unit Supervisor: Charlotte Kohlgraf

Adult Mental Health Social Workers providing case management services:

- Jessica Andrich
- Sarah Zyvoloski
- Jennifer Kalis

Children's Mental Health Social Workers providing case management Services

- Sara Funk

-Deanna Shaver

If you are interested in assistance from MLCCVS in locating the most appropriate mental health provider to meet your individual or family needs, please contact us at:

Mille Lacs County Community and Veterans Services

525 Second Street Southeast

Milaca, MN 56353

320-983-8208 or 888-270-8208